



The Weekly Bulletin of the

Rotary Club of Essendon North

Wednesday, May 7th, 2014 (Editor: grant@grantmaggs.com.au)

This Week: Gareth Andrews



Chair: Max Nicholls



The LifeAgain Foundation was founded by Gareth Andrews with one primary objective; to inspire and connect men through times of change.

Men face substantial challenges. Challenges like career transition, dissatisfaction, divorce, loss, financial pressures, low self-esteem, and the general malaise of our fast-paced modern lives. But through meaningful connection, men can be supported positively through periods of change.

LifeAgain draws on the collective wisdom of a community of men interested in sharing and learning from both their own experiences and those of others. When it comes to change and how men navigate it, they are not alone.

It is time for men to start sharing their stories. LifeAgain is about recognising the male experience and bringing focus to the issues that matter to men. LifeAgain is about finding LifeAgain, through insight, inspiration and tools for a happy, healthy and fulfilling life.

Gareth Andrews:

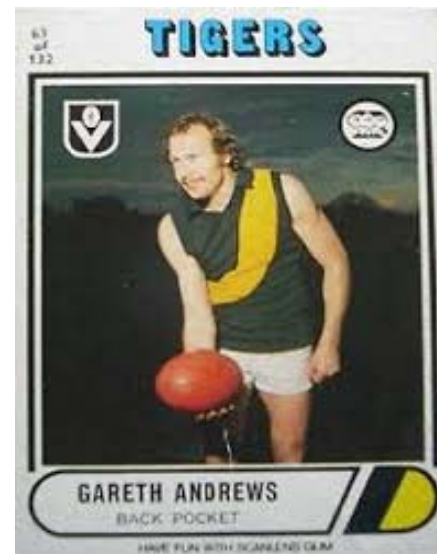
Through a long and successful business career, Gareth Andrews knows about challenges and change.

A former Geelong and Richmond footballer, playing 167 games from 1965-75 including being a member of the Richmond 1974 Premiership side, Gareth has transitioned from being a sportsman, a family man, a businessman, to discovering LifeAgain.

Gareth continues his role as Director and Vice President of Geelong Football club whilst promoting his passion – connecting men during times of change.

“The interesting part in all of the above is that I know that I am no different to most men. We all have our own journey and our own burdens. Sadly, most Men stoically are unwilling to unburden themselves. We are the heroes- or that is what our egos drive us to be. It can be a sadly disconnected and unfulfilled life that we accept as the norm. It doesn't have to be.

I see my role in LifeAgain as starting the conversation about the male experience. It is a conversation that is rarely held, but it is a conversation that can bring depth and joy to our lives. I bring my “qualified” story to the table to assist others to discover their own authentic selves. The future stands before us.”



Gareth in earlier days, from the editor's private collection

News from Sergio

From a letter to Peter Taylor:

Hi my dear good friend.

Is it apply for me as well? I would not like to lose contact with all of you. Let me know if I can be part of it.

I am very happy my dear friend in my life. I am writing to you in Area C, a mining site, 2 hours by plane, up North of Perth. My life is going very well. I had the monthly meeting with my Medical College, which I am executive member now. Giving lectures to my colleagues and growing every day in my professional life. Dani has taken the Rotary life. She is member of the Rotary Club of

Crowley. I am going occasionally to some meetings. My heart is always with you. This Saturday I have my first triathlon after Melbourne March 2012. It will be a Half Ironman of Western Australia in Busselton.

Therefore, professional, sport and family life is going very well. I hope you and our fellow Rotarians are all good as well. Pass on them my best regards and a special warm hug to you my dear Peter.

Please keep in touch. I miss you.

Sergio

Bill Gates - Rotary International:

January 21, 2009

I am excited that the Gates Foundation has joined Rotarians in the fight against polio. That's why I put on my Rotary hat. And I'm honored to address the men and women who help guide the work of more than 33,000 Rotary clubs around the world.



I'd like to start by telling you about my wife Melinda's Aunt Myra. We see her a few times a year. Aunt Myra worked for many years taking reservations for Delta Airlines. She lived in New Orleans until Hurricane Katrina, and then she moved to Dallas, Melinda's

hometown. She loves to see our kids. When we all get together, she'll sit down on the floor and play games with them. Aunt Myra also has polio. She's in braces, and she has been ever since she was a little girl.

Our children only know what polio is because of their aunt. Otherwise, the disease would just be another historical fact they learn about in school.

In fact, even though I was born just three years after one of the worst polio epidemics in American history, I didn't know anyone with polio when I was growing up. That's how far we've come.

The same story of success has been repeated over and over again for children not just in the United States but also in Bolivia and Vietnam and Croatia and Morocco.

In the last 20 years, thanks to your hard work, polio has declined by 99 percent. In 1988, 350,000 people got polio. By 2008, the number was down to just a couple of thousand.

That is an amazing statistic and it is part of a trend of overwhelming progress in the whole field of global health.

My favorite statistic about global health is this: In 1960, 20 million young children died. Two years ago, that figure was 10 million. In short, in my lifetime, the world has learned how to save more than 10 million children every year.

Surely, that is humanity's greatest accomplishment in the last 50 years. And innovations both simple and complex made it possible. From knit caps that keep newborns warm to the most advanced vaccines, innovations can save lives.

But it doesn't happen without the phenomenal work of groups such as Rotary, which make sure that innovations reach the people who need them.

Coming Soon...

- May 14th: Shane Edwards, "Sleep Help Presentation", Chair: Coral Thompson
- May 21st: MS Annual Dinner
- May 28th: Pete Jensen "Dealing With Depression- An Alternative View", Chair: David Ursic
- June 4th: Desiree Du Sart (Head of Molecular Genetics) and Melissa Chow (Medical Scientist), "International Training in FSHD Diagnostics" (funded by our club) ", Chair: Les Jones
- June 11th: Greg McDonald (Vocational speaker), "Air traffic control", Chair: Kerry Warner
- June 18th: Scott Mullen (Principal) "Essendon North Primary School", Chair: Judith Whelan
- June 25th: Handover Gala Evening: Goodbye to David P, and welcome David U!

Birthdays and Anniversaries

Happy Birthday to Terry Daffey: May 2nd, Sue Ursic: May 6th, Terri Mott: May 13th, Marie Daffey: May 18th Anne Maggs: April 28th.

Happy Anniversary to Kay and Barry Coleman: April 27th.



We gratefully acknowledge sponsorship by the Strathmore Community Branch of the Bendigo Bank.

Rotary Club of Essendon North meets every Wednesday at 6.00pm for 6.30pm at Fredricks, Mt. Alexander Road, Essendon. www.home.vicnet.net.au/~rcessnth/

Contact Rotary Club of Essendon North: Membership Director, David Ursic (9374 1255) or President, David Pagliaro (0419 469 182).